

# Uplifting support for guardians of teens 13-17

As a guardian, you face unique challenges and stresses. While caregiving has its rewards, it comes at a cost.

That's why we're offering guardians a **free program** of support for help with loneliness and isolation, stress, and caregiver fatigue. The friendly staff and easy-to-use app support you with compassion and practical help.

*Free, unlimited calls to our staff who understand the challenges of being a guardian*

*Activities and tools to support you as a guardian and help you feel less alone*

*Access to resources like help lines, support groups, and more*



Enroll using partner  
code aetnapa

Download on the  
App Store

GET IT ON  
Google Play

PyxHealth.com

Download the Pyx Health app on your phone or tablet to get started.  
You can also sign up by phone 1-855-288-1651 (TTY: 711)



Aetna Better Health<sup>®</sup> Kids  
A CHIP Health Plan



Pyx Health<sup>®</sup>

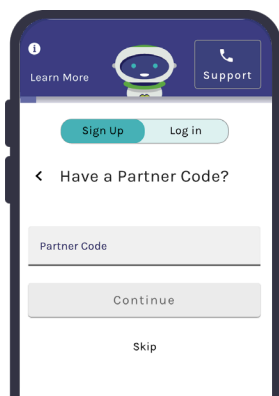
Because no one gets better alone™

# Download the app in minutes...

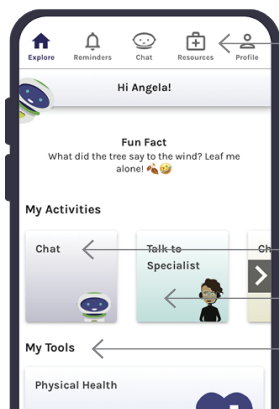


**DOWNLOAD** the app to your smartphone or tablet. Just search “Pyx Health” in the App Store or Google Play. You can also sign up by phone: **1-855-288-1651 (TTY: 711)**

**Enroll using partner code aetnapa**



**REGISTER** with your name, phone number, birthday, and an email address. When prompted, **please use partner code aetnapa**



*Find community resources and help lines*

**EXPLORE** and start using the helpful features.

*Chat with our friendly and supportive chatbot 24/7*

*Talk with our compassionate support staff*

*Find helpful, engaging activities and games*

Aetna complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, creed, religious affiliation, ancestry, sex, gender, gender identity or expression, or sexual orientation.

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call: 1-800-385-4104 (TTY: 711).

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-385-4104. TTY: 711.

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-385-4104. телетайп: 711.